

Assembly Concurrent Resolution

No. 4

Introduced by Assembly Member Addis

(~~Coauthor: Assembly Member Aguiar-Curry~~)

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January 17, 2023

Assembly Concurrent Resolution No. 4—Relative to Positive Parenting Awareness Month.

LEGISLATIVE COUNSEL'S DIGEST

ACR 4, as introduced, Addis. Positive Parenting Awareness Month.

This measure would declare the month of January 2023 as Positive Parenting Awareness Month in California.

Fiscal committee: no.

- 1 WHEREAS, Raising children and youth in California to become
- 2 healthy, confident, capable individuals is the most important job
- 3 parents and caregivers have as their children's first teachers; and

1 WHEREAS, The quality of parenting or caregiving, starting
2 prenatally, is one of the most powerful predictors of children’s
3 future social, emotional, physical, and behavioral health; and

4 WHEREAS, Positive parenting is a protective factor that
5 strengthens family relationships, increases parents’ confidence,
6 and drives children’s social, emotional, and relational health and
7 development; and

8 WHEREAS, All people have inner strengths or resources, yet
9 many parents, caregivers, children, and youth of every age, race,
10 ethnicity, culture, and social identity feel stressed, isolated, and
11 overwhelmed at times; and

12 WHEREAS, The COVID-19 pandemic, climate-related crises,
13 and racial injustices have exacerbated economic insecurity, mental
14 health challenges, domestic violence, discrimination, and other
15 trauma experienced by many families, particularly Black,
16 Indigenous, Latinx, Asian, and other families of color that already
17 experience inequities rooted in structural racism; and

18 WHEREAS, Research confirms that positive parenting prevents,
19 buffers, and fosters healing from adverse childhood experiences
20 (ACEs), including abuse, neglect, and household challenges, which
21 impair lifelong health and well-being and occur in the context of
22 adverse community environments that lack equity; and

23 WHEREAS, Research also confirms that positive parenting
24 creates positive childhood experiences (PCEs), and children and
25 youth who experience safe, stable, and nurturing relationships and
26 environments learn empathy, impulse control, anger management,
27 communication, and problem-solving skills that help protect against
28 interpersonal, family, and community violence; and

29 WHEREAS, Families in California come in many forms, with
30 children who are raised by parents, grandparents, foster parents,
31 and family members, and supported by other caregivers in a variety
32 of settings such as schools, family childcare, early childhood
33 education centers, health clinics, and home visiting programs; and

34 WHEREAS, Families can benefit from a “toolkit” of proven
35 strategies and receive support from various positive parenting
36 programs in many counties and tribes through numerous
37 organizations and individual practitioners, thanks to local
38 partnerships, including those between First 5 commissions,
39 community-based organizations, local government, tribal nations,
40 health and human service providers, schools, libraries, higher

1 education institutions, child welfare agencies, family resource
2 centers, and parent leaders; and

3 WHEREAS, Governor Gavin Newsom recognized,
4 acknowledged, and identified the Triple P – Positive Parenting
5 Program in the May Revision as one of the evidence-based parent
6 education programs to build supports for children, youth, and
7 parents; and

8 WHEREAS, The Governor’s Master Plan for Kids’ Mental
9 Health highlights investments to address urgent mental health
10 supports for children and youth especially in underserved and
11 marginalized communities; and

12 WHEREAS, The Governor’s master plan creates an inclusive
13 framework for supporting prevention and early intervention of
14 mental health challenges, including the importance of providing
15 more resources for parents to build their knowledge, tools and
16 capacity to support the behavioral health of their children; and

17 WHEREAS, Parent education is an effective early intervention
18 and prevention tool to mitigate ACEs, support parent-child needs
19 to improve behavioral health, and destigmatize and normalize
20 seeking support; and

21 WHEREAS, Counties may implement and encourage positive
22 parenting through a population health approach so that all families
23 have equitable opportunities to access information and support in
24 ways that leverage their unique beliefs, traditions, customs,
25 interests, and racial, ethnic, tribal, and cultural practices; and

26 WHEREAS, Family support professionals and paraprofessionals,
27 recognized for their excellence and compassion across California,
28 provide essential services that support the physical,
29 social-emotional, and behavioral health of children and families;
30 and

31 WHEREAS, California must continue to ensure that accessible
32 and culturally responsive family support programs are readily
33 available to the millions of Californians that rely on these critical
34 services; and

35 WHEREAS, Every individual, community group, business,
36 public agency, nonprofit agency, and tribe in California has a role
37 to play in raising awareness of the importance of positive parenting
38 and supporting the health and well-being of children and families;
39 now, therefore, be it

1 *Resolved by the Assembly of the State of California, the Senate*
2 *thereof concurring, That the Legislature declares the month of*
3 January 2023 as Positive Parenting Awareness Month; and be it
4 further

5 *Resolved, the Chief Clerk of the Assembly transmit copies of*
6 this resolution to the author for appropriate distribution.

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9 **REVISIONS:**

10 **Heading—Line 2.**

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