

**Assembly Concurrent Resolution**

**No. 140**

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**Introduced by Assembly Members Mark Stone and Grayson  
(Principal coauthors: Assembly Members Aguiar-Curry,  
Boerner Horvath, Chen, Gloria, Gonzalez, Kalra, Maienschein,  
Mathis, and Robert Rivas)**

(Principal coauthors: Senators Bates, Dodd, and Skinner)

January 6, 2020

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Assembly Concurrent Resolution No. 140—Relative to Positive Parenting Awareness Month.

LEGISLATIVE COUNSEL'S DIGEST

ACR 140, as introduced, Mark Stone. Positive Parenting Awareness Month.

This measure would designate the month of January 2020 as Positive Parenting Awareness Month in California.

Fiscal committee: no.

- 1 WHEREAS, Raising children and youth in California to become  
2 healthy, confident, capable individuals is the most important job  
3 parents and caregivers have; and  
4 WHEREAS, The quality of parenting or caregiving—starting  
5 prenatally—is one of the most powerful predictors of children's  
6 future social, emotional, and physical health; and  
7 WHEREAS, Positive parenting is a protective factor that  
8 eliminates risk, strengthens family relationships, increases parents'  
9 confidence, and promotes the healthy development and well-being  
10 of children and families; and

1 WHEREAS, Positive parenting increases children’s  
2 self-regulation skills, relational skills, problem-solving skills, and  
3 involvement in positive activities; and

4 WHEREAS, Positive parenting can prevent or mitigate the  
5 effects of adverse childhood experiences such as child abuse,  
6 neglect, household dysfunction, and other traumatic events that  
7 can create dangerous levels of stress and impair lifelong health  
8 and well-being; and

9 WHEREAS, All parents have inner strengths or resources that  
10 can serve as a foundation for building their resilience and for  
11 passing these strengths on to their children; and

12 WHEREAS, Many parents and caregivers begin the lifetime  
13 job of raising children feeling unprepared, and fear and social  
14 pressures prevent many from seeking parenting help and guidance;  
15 and

16 WHEREAS, Parents who have experienced trauma, have a  
17 disability, or are raising a child with an emotional, behavioral, or  
18 developmental disability may need additional support; and

19 WHEREAS, Families in California come in many forms, with  
20 children who are raised by parents, grandparents, foster parents,  
21 family members, and other caregivers; and

22 WHEREAS, Families can benefit from a “tool kit” of proven  
23 strategies and receive support from various positive parenting  
24 programs in many counties and tribes through numerous  
25 organizations and individual practitioners, thanks to local  
26 partnerships, such as between First 5 commissions, local  
27 government, tribal nations, health and human services providers,  
28 schools, libraries, higher education institutions, and child welfare  
29 agencies; and

30 WHEREAS, Counties may implement and encourage positive  
31 parenting through a population health approach so that all families  
32 have opportunities to access information in ways that respect their  
33 unique beliefs, traditions, customs, interests, and racial, ethnic,  
34 and cultural practices; and

35 WHEREAS, Every individual, community group, business,  
36 public, and nonprofit agency, and tribe in California has a role to  
37 play in raising awareness of the importance of positive parenting  
38 and supporting the health and well-being of children and families;  
39 now, therefore, be it

1     *Resolved by the Assembly of the State of California, the Senate*  
2     *thereof concurring,* That the Legislature declares the month of  
3     January 2020 as Positive Parenting Awareness Month; and be it  
4     further

5     *Resolved,* That the Chief Clerk of the Assembly transmit copies  
6     of this resolution to the author for appropriate distribution.

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